



Thoughts For The Week

“Acknowledging the good that you already have in your life is the foundation for all abundance.” ~ Eckhart Tolle, teacher & author

“People who wonder if the glass is half full or half empty miss the point. The glass is refillable.” ~ Simon Sinek, author & speaker

Did You Know? GVHS has a webpage dedicated to information about COVID-19. You can access financial and community resources, our policies, tenant stories, and more at <https://greatervichousing.org/covid-19-resources/>

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BE AWARE OF COVID-19 SCAMS: PROTECT YOUR PERSONAL INFORMATION & PRIVACY

These unusual times have led to a rise in scams designed to obtain personal and/or financial information. Be aware, be skeptical, and always verify sources before providing information. Remember: when in doubt, check it out.

Scam #1: Phone calls pretending to be from the Public Health Agency of Canada, asserting that you have tested positive for COVID-19. It is best not to answer calls from unknown numbers. But if you do, don't provide or confirm personal or financial information over the phone. Tell the caller to leave their contact information, then verify the source by contacting Canadian government agencies directly.

Scam #2: Text messages saying you have been approved for a financial benefit, usually providing a link. Don't click on the link, and don't reply to the text message, especially when the sender is unknown.

Scam #3: Fraudsters going door-to-door claiming to perform virus-detecting tests. There are currently no such services or tests available. Do not answer the door to someone who is trying to sell you anything, or pretends to be from the public health system.

Scam #4: Fake charities soliciting donations for people affected by the

crisis. This may be over email or social media. Verify publicly available charity information, including name, address and phone number. You can also ask for their registered charitable tax number and confirm by calling 1-800-267-2384.

Scam #5: COVID-19 emails pretending to be from a Government Department providing an "urgent update" or "financial refund". Generally there are attachments or links. Don't open emails from unknown senders; and don't click any links in these emails. Visit the official website from the Government of Canada to verify the information first.

VICTORIA COMMUNITY TOGETHER IN SUPPORT OF FRONT-LINE WORKERS

A 9' heart-shaped wreath of roses at the entrance to Saanich Peninsula Hospital, from Brentwood Bay's Eurosa Farms.



WEEKLY PUZZLE: WORD SCRAMBLE

Unscramble the words to discover the theme of the puzzle! Answers in next week's issue.

1. OFGR _ _ _ _
2. FEUYRBTLT _ _ _ _ _ _ _ _
3. SRSGA _ _ _ _ _
4. ORMHTARWE _ _ _ _ _ _ _ _
5. SNTGLHUI _ _ _ _ _ _ _ _
6. UDB _ _ _ _
7. DDNLIAENO _ _ _ _ _ _ _ _
8. ORELWF _ _ _ _ _ _
9. EBE _ _ _ _
10. GLBDYAU _ _ _ _ _ _ _ _
11. OMLOB _ _ _ _ _
12. ERGEN _ _ _ _ _

ANSWER TO LAST WEEK'S SUDOKU PUZZLE

8	4	6	9	3	7	1	5	2
3	1	9	6	2	5	8	4	7
7	5	2	1	8	4	9	6	3
2	8	5	7	1	3	6	9	4
4	6	3	8	5	9	2	7	1
9	7	1	2	4	6	3	8	5
1	2	7	5	9	8	4	3	6
6	3	8	4	7	1	5	2	9
5	9	4	3	6	2	7	1	8

5 FASCINATING FACTS

1. May the 4th is Star Wars Day. Unsure why? The date was chosen for the pun on 'May the force be with you.' Still don't get it? Try saying it out loud!
2. A group of pugs is called a 'grumble'.
3. Elvis never performed a single encore, so when he left, he wasn't coming back. Hence the phrase 'Elvis has left the building,'
4. Butterflies taste with their feet.
5. Everyone has a unique tongue print, just like fingerprints.



STUCK AT HOME? TAKE A VIRTUAL MUSEUM TOUR

Get a little culture and education from home! The website listed below features virtual tours and online exhibits of some of the most famous museums worldwide. Now, you get to "go to the museum" and never leave your couch.

Options include the British Museum in London, the Van Gogh Museum in Amsterdam, the Guggenheim in New York City, and literally hundreds more places where you can gain knowledge about art, history, and science. This collection is especially good for students who are looking for ways to stay on top of their studies while schools are closed.

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>