



## Daily Phone Call With Your Neighbors

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### Greater Victoria Housing Society Needs Your Help

GVHS cares about the wellbeing of our tenants and the strength of our communities. While the COVID-19 Crisis is in effect, GVHS is asking **you** to help out with daily phone check-ins with your neighbors and friends in the building.

We are asking each of you to self-organize and consider calling the same 1 or 2 neighbors each day to check up on them. When you have your neighbor chosen, please contact us so we can keep track (Richard 236-464-3304 or [info@greatervichousing.org](mailto:info@greatervichousing.org)). This way we can watch for any tenants who do not have a contact set up.

This will help ease the sense of isolation that many of us are experiencing. It creates a buddy system for both your safety, and that of your neighbors.

If you are unable to reach your daily phone buddy on any given day, please contact GVHS and we will check up on that person to make sure they are okay.

If you would like to be set up with a phone buddy in your building, please contact Richard at 236-464-3304 or email [info@greatervichousing.org](mailto:info@greatervichousing.org) and leave a message with your name, phone number, building and unit number.

We encourage you to have fun with this and have a conversation with your neighbor! Here are some suggestions for conversation starters:

- What's something not many people know about you?
- What makes you laugh out loud?
- What was your favorite thing to do as a kid?
- What do you like to cook the most?
- What's your favorite TV show?
- What is your favorite book?
- What is the best advice you have given?
- What is the most difficult thing you've ever done?
- What is the first thing you're going to do when "all this is over"?